CALEB DADA MINISTRIES

TAKING THE PRESENCE OF JESUS TO THE NATIONS

THE 1:17

STUDENT

A CDM Student Companion

PROPHET'S INTRODUCTION

Hello Students,

You are in a very important moment of your life. This is the period during which your life and destiny are being shaped for a great tomorrow. This is why God is interested in what is going on in your life at this moment.

At about the age of 12, Jesus was in the temple, in the midst of the scribes and teachers, asking questions concerning God's Word. This is why this compilation has been put together to ensure that you are established in the faith.

At a very young age, you can still do exploits for God. David was a teenager when he killed Goliath. Uzziah was sixteen when he became king of Israel, and Josiah was only seven years old when he became king of Israel. This shows that even at a young age, you can do great things for God.

You can be that person God will use now, and you can be that person He is preparing for the future. So, dive into these words of life. Ensure that you read, meditate on them, and pray with them. Open your Bible and read the referenced texts. You will see that your life will be transformed; you will become a wonder in your school, family, and a stronger believer.

God bless you,

Prophet Caleb Dada
(President, Caleb Dada Ministries)



DANIEL 1:17

“As for these four children, God gave them knowledge and skill in all learning and wisdom: and Daniel had understanding in all visions and dreams.”

TRACK 1: GIFTS OF GRACE (PT A)

Bible Text: James 1:17, John 3:16, Romans 4:1-5, 2 Corinthians 5:21, Romans 5:17

Key Texts:

James 1:17
Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

John 3:16
For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Have you ever received a gift? How did it make you feel?

Now think about this. If you babysit or wash a car and earn ₦2,000, that's payment, not a gift. But if someone gives you ₦2,000 without you doing anything for it, that is a gift.

God is a giver because He loves us. His grace is a gift. It's something we get even though we don't deserve it and didn't work for it.

James 1:17 says, "Every good and perfect gift is from above." Here, "above" doesn't mean outer space. It means the spiritual world where Christ is seated.

It's important to know the gifts of grace God has given us so we can enjoy them fully. The first gift of grace is **righteousness.**

TRACK 1: GIFTS OF GRACE (PT A)

God is not angry with you. Thinking that he is holding your sins against you can slow you down. When people try to do everything by themselves, they miss the blessings of God's grace.

Jesus never sinned while on earth. But on the cross, He took on the sins of the world. He faced the punishment we deserved so that we could receive what we didn't earn. This is righteousness.

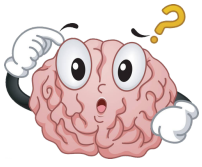
We didn't earn it. We didn't deserve it. But because we believe in Jesus, God has made us right with Him. Now we can enjoy all the good things that come from being righteous.

God's righteousness is a gift for anyone who believes in Jesus. We didn't work for it, and we don't deserve it. We are made right with God just because we believe, not because of anything we have done.

Even though we didn't deserve it, when we believe in Jesus and accept this gift, we can enjoy all the blessings that come with being righteous.



Lightbulb Moments
God is not angry with you
God's own righteousness is a gift to those who believe



Thinking Pad
(For your thoughts, takeaways, questions, and review)

TRACK 2: GIFTS OF GRACE (PT B)

1 B: What does it mean to be righteous?

Bible Text: Romans 8:31-34, Philippians 3:20

Key Text:
Matthew 28:20 b
And surely, I am with you always, to the very end of the age

Romans 5:1-2
Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, [2] through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God

We earlier described how God gave us a gift of righteousness. We got this gift by believing in Jesus Christ. You are righteous, which means you have a right standing with God. What then does it mean to be righteous? How does this affect or influence your life's journey? What does this mean as regards my goals, being a student, concerning my relationship with friends, family, and God?

What does it mean to be righteous?
1. Being righteous brings **peace and assurance.**

Isaiah 32:17 says, *"The work of righteousness shall be peace; and the effect of righteousness quietness and assurance forever."*

Now that we are righteous, we are at peace with God. This means we can come to Him anytime and talk to Him openly. God no longer sees sin in us because we are made righteous. We have access to God anywhere, at any time.

TRACK 2: GIFTS OF GRACE (PT B)

Understanding this also gives us **boldness and confidence.** Proverbs 28:1b says, *"But the righteous are as bold as a lion."* Because we are righteous, we can stand strong in any situation without fear.

Receiving the gift of righteousness also means we are **members of God's family and citizens of heaven.** When the rapture happens, we will be in heaven, and we can be confident that we won't be left behind.

Even the devil is afraid of a righteous person because God is on our side. Jesus promised in Matthew 28:20, *"I am with you always".* God is always with us because we are righteous. In addition, the peace we have because of the gift of righteousness is greater than any problem or challenge we might face.



Lightbulb Moments
Righteousness brings peace with God
Righteousness gives confidence and boldness
Being righteous makes you part of God's family



Thinking Pad
(For your thoughts, takeaways, questions, and review)
Think of a time you were shy or scared. How would knowing you are righteous change your approach next time?

TRACK 3: GIFTS OF GRACE (PT C)

What does it mean to be righteous?

Bible Text: Isaiah 54:14-15, 17; Psalm 125:2-3

Key Text:
Isaiah 54:14-15
In righteousness you will be established: Tyranny will be far from you; you will have nothing to fear. Terror will be far removed. If anyone does attack you, it will not be my doing; whoever attacks you will surrender to you.

Isaiah 54:17
No weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the Lord, and this is their vindication from me," declares the Lord.

In the first two tracks, we learnt about righteousness and also discussed one of the implications of being righteous. We will go further in this discussion.

What does it mean to be righteous?

2. Protection
Being righteous also comes with **God's protection.** Understanding the gift of righteousness means we are kept safe from oppression. Even if storms, calamities, kidnappings, riots, wars, or disasters happen all around us, the righteous dwell in safety.
So how can we make this our everyday reality? We must **speak and declare our righteousness** every day. Say it out loud: "I am righteous. God's protection over me is sure." The more we declare it, the more we live in the confidence of God's protection.

TRACK 3: GIFTS OF GRACE (PT C)

Righteous people are like superhumans here on earth. Our human nature is mixed with God's nature, and knowing this helps us fully enjoy the benefits of righteousness.

We also need to be careful about what we listen to. Wrong or negative messages can make us doubt our protection. Instead, focus on messages that are rooted in God's truth and His righteousness. This means that we believe God's word and his promises above every other thing.

Psalm 125:2-3 reminds us that a righteous person is protected from evil, and everything they own, including the people connected to them, is also protected.



Lightbulb Moments
Righteousness brings safety.
Declaring your righteousness matters.



Thinking Pad
(For your thoughts, takeaways, questions, and review)
Create a confession on your righteousness and safety, that you can declare daily.

TRACK 4: GIFTS OF GRACE (PT D)

What does it mean to be righteous?
Bible Text: Psalm 5:12, James 5:16, Proverbs 4: 18

Key Text:
Psalm 5:12
Surely, Lord, you bless the righteous; you surround them with your favor as with a shield.

James 5:16 KJV
Therefore, confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Proverbs 4:18 KJV
But the path of the just is as the shining light, that shineth more and more unto the perfect day.

In previous lessons, we looked at what it means to be righteous. First, we learned that righteousness brings peace and assurance. Second, we saw that being righteous comes with God's protection.
Now, we will look at the patterns you should expect in the life of a righteous person. These include favour, great power in prayer, and a brighter and better future.

A. Favour
A righteous person should experience favour regularly. It should not be once in a while, but it should be a pattern in your life. This means you can expect favour in school, on the playground, at home, when you go out, and when you come in.

TRACK 4: GIFTS OF GRACE (PT D)

B. Tremendous power in prayer
The word "tremendous" means big, mighty, or great.
James 5:16 teaches that the prayer of a righteous person is powerful and effective.

This power does not come from how long, loud, or emotional the prayer is, but from the fact that the person praying is righteous before God.

When we lose awareness of our righteousness, we may begin to doubt our authority in prayer. However, when we are firmly grounded in the truth that we are righteous, we pray with confidence and power. A person who is established in righteousness is also established in spiritual authority.

That is why it is important to keep reminding yourself daily. As you wake up each morning, boldly declare, “I am righteous.” This helps you stay confident in your relationship with God and in the effectiveness of your prayers.

C. Ever Brighter and Better Future
For a righteous person, the future is always brighter than the past. This applies to every area of life. As you believe and apply God’s truth daily, your life begins to align with His Word. For a student, this implies that their scores should keep getting better.

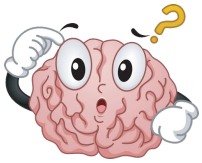
God is good and does not use evil to teach or correct His children. Righteous people carry God’s glory. The Holy Spirit is given to us because we are righteous, and His presence in our lives confirms that we belong to God.

TRACK 4: GIFTS OF GRACE (PT D)



Lightbulb Moments

Favour is a normal experience for me across all areas
My prayers are powerful because I am righteous
Being righteous implies that my grades keep getting better



Thinking Pad

(For your thoughts, takeaways, questions, and review)
Take a moment to think about how this affects your life journey. Consider how it might change the choices you make, and what it means for your goals or your life as a student. Reflect on how it could influence your relationships with your friends, your family, and with God.

How does knowing you are righteous change the way you talk to God?

TRACK 5: NAME BEARERS

Bible Text: Philippians 2:5-11, Luke 10 v 17-19, John 10:25

Further Text: Hebrews 1:1-6, Matthew 1:21, Acts 10:43, John 14:13–14, Mark 16:17, 2 Corinthians 5:20, Esther 8:8, John 14:12-14, John 15:16, John 16:23

Key Texts:
Philippians 2:10-11
That at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord to the glory of God the Father.

Acts 2:21
And everyone who calls on the name of the Lord will be saved.

Acts 4:12
Salvation is found in no one else, for there is no other name under heaven given to mankind by which we must be saved.

A common question we are asked is 'What is your name?'.
A person's name doesn't just represent who they are, but their actions, abilities, and responsibilities. It also shows their true character. For example, the name King David tells us more about who David was and what he did. The name of a person can be equal to the presence of a person. On earth, the name of kings carries so much weight that their seal or signet carries the authority of their word. How much more the name of Jesus?

This is why Jesus said in Matthew 18:20 "for where two or three gather in my name, there am I with them." When you gather in His name, He is there because His name is His presence. Our mandate in Caleb Dada Ministries is to take the presence of Jesus to the nations. Hence, we are bearers of His name because His Name can equal His presence.

TRACK 5: NAME BEARERS

An ATM card carries the name of the owner, but anyone who holds the card and slots it in will see “Welcome, owner's name,” and if they know the password, they can withdraw from the account. This means that as name bearers, we can draw ceaselessly from the wealth of God.

As Christians, we bear the name of Jesus because, on believing in Christ, we become members of his family. On account of this, we have the right to God’s name. We can now be known by God’s name. In the same way, we have all the resources available in the name.
We will consider two major things about the name of Jesus:

The name of Jesus is the channel for salvation
Joseph was told to name the child ‘Jesus’ because He would save the people from their sins. The Bible teaches that everyone who calls on the name of the Lord will be saved. When we believe in His name, our sins are removed. God doesn’t remember our sins.

There is **only one name that brings salvation**, the name of Jesus. Jesus is the way, the truth and the light. Our good works are meaningless if we are not saved. The name of Jesus is greater than that of any ruler, person, or angel. **It’s a lie when people of other religions say we all worship the same God. There is only one way to God. His name is Jesus and he is God.**

Jesus used the Father’s name
Jesus mentioned that the proof of the things he did, he did them in the name of his Father. When Jesus was going back to heaven, he gave us his name. The Father must respond to the name because Jesus was using his name. Similarly, when we use Jesus’ name, he must answer.

TRACK 5: NAME BEARERS

Whatsoever we ask in his name, he does. When you use His name, stop looking at yourself, look at Jesus. It's His name on the line.
The ways the name functions as an instrument:

1. **We can use the name to cast out evil spirits.** You are not too young to cast out devils; you have the name of Jesus. The Bible tells us that believers shall cast out devils. We do this by saying 'Out'. Using the name of Jesus means that his presence and power will show up. We have the name of Jesus, and we can use it anytime. We have been given authority over all the power of the enemy; this means that we have power even over nightmares.

2. In the name of Jesus, we also heal the sick: The word says we shall lay our hands on the sick and they shall recover.

3. Asking in the name of Jesus.
The things that God gives (including the miracles), they abide. You can't lose it. Every time we ask the Father for something in Jesus' name, we receive it. You can ask for wisdom, for help, for material items.



Lightbulb Moments
I am a part of God's family, I bear his name
I can cast out devils
I can heal the sick

I have the name of Jesus
All that God gives me abides
I can ask for wisdom from God.

TRACK 5: NAME BEARERS



Thinking Pad
(For your thoughts, takeaways, questions, and review)
1. Think on these scriptures: Proverbs 18:10 says, 'The name of the Lord is a fortified tower; the righteous run to it and are safe. ***Psalm 46: 1 CEV*** also describes God as our mighty fortress, always ready to help in times of trouble.

2. How does this apply to your life?
A fortress is like a super-secure base with thick walls, gates, and defenses, where people can hide or defend themselves during danger. It is a place that is **hard to enter and built for protection.** In the past, kings and armies stayed in fortresses to protect themselves from enemies.

TRACK 6: SUPERNATURAL - ANGELS 1

Bible Text: Hebrews 1:4-7; 13-14, Psalm 103:19-22, Psalm 91:10-13,

Further Text: Hebrews12:22, 1Kings 19:4, Daniel 6 :22, Psalm 34:7

Key Texts:
Psalm 91:9-12
If you say, "The Lord is my refuge,"and you make the Most High your dwelling,[10] no harm will overtake you, no disaster will come near your tent.[11] For he will command his angels concerning you to guard you in all your ways; [12] they will lift you up in their hands, so that you will not strike your foot against a stone.

Do you know that every believer should walk in the supernatural? One of the ways we do this is by understanding the inheritance God gave us concerning angels. Even as a student, this understanding is important.

Angels are beings of power, might and great strength. At Mount Zion, there is an innumerable company of angels.

Angels are called ministers and flames of fire. The term minister denotes the word 'diakonia' which means service, attendants or ministry. The writer of Hebrews depicts how the son has a greater name than angels. Do you remember our conversation on names in track 5? Angels are not Lord spirits; they are ministering spirits. Hence, we don't worship them. No matter how glorious or powerful they are, we do not worship angels.

In Revelations 22:8-9, John fell down to worship the angel who had shown him some things, but the angel refuted stating that he should only worship God.

TRACK 6: SUPERNATURAL - ANGELS 1

The reason why plagues can't come near me is because God has given his angels charge over me.
There are many things that angels do according to scriptures. We will consider the Ministry of angels:

1. Angels strengthen
Luke 22:43
An angel from heaven appeared to him and strengthened him.
In the life of Jesus, we see certain periods in his life when he was strengthened by angels. The first was following his fast in the wilderness, another time was when Jesus was praying in Gethsemane. Also, angels provided food to strengthen Elijah for the journey ahead of him. *(1 Kings 19:4-8, Matthew 4:11)*

2. Angels deliver
Everyone that has risen up against you in school, your sector or anywhere, like a lion to devour or tear you down, these angels are shutting the mouth of the lions. In whatever situation you find yourself, angels of the Lord are delivering you *(Psalm 34:7, Daniel 6:22).*

3. Angels help with seeing and knowing:
Angels bring vision. An angel showed Zechariah a vision. Angels can open our eyes to see; they can open our eyes to know. *(Zechariah 3:1, Zechariah 4:1)*

4. Angels help with Harvest:
Angels help harvest souls into the kingdom. These are called reaper angels. They also help us reap harvests of our seeds sown. They run to and fro through the earth, bringing opportunities to God's children. *(Matthew 13:39, Mark 13:27)*

TRACK 6: SUPERNATURAL - ANGELS 1

5. They orchestrate the forces of time and chance to work in our favor:
This means that you are at the right place at the right time, meeting the right people by the ministry of angels. When Abraham's servant was going to get a wife for Isaac is one good example. A student who hears a conversation on information of a scholarship, that is being at the right place at the right time and hearing appropriate information. Angels help with this. *(Genesis 24:7 ,40)*

6. Angels bring Provision:
Genesis 22:11-13
But the angel of the Lord called out to him from heaven, "Abraham! Abraham!""Here I am," he replied.
12 "Do not lay a hand on the boy," he said. "Do not do anything to him. Now I know that you fear God, because you have not withheld from me your son, your only son."
13 Abraham looked up and there in a thicket he saw a ram caught by its horns. He went over and took the ram and sacrificed it as a burnt offering instead of his son.

Hagar received provision of water through God's angel. Similarly, before Abraham offered Isaac as a sacrifice, God had tied down the provision. Abraham's eyes had to be opened to see the ram caught in the thicket, even though the ram had been there. *(Genesis 21:17,19)*

7. Angels partner with us to accomplish God's purposes, especially on earth:
Angels are beings of power, they worship God. The moment we understand their ministry in our work, we begin to see their results.

TRACK 6: SUPERNATURAL - ANGELS 1

Angels and men work hand in hand to achieve God's purposes on earth. To see more angelic manifestations here on earth, we should be more at the center of God's purposes. (**Revelation 8:2-5**).



Lightbulb Moments
We do not worship angels
Angels can strengthen me
Angels help me to be in the right place at the right time
I partner with angels in preaching the gospel.



Thinking Pad
(For your thoughts, takeaways, questions, and review)
Search the scriptures, can you list 10 people that enjoyed angelic protection:

TRACK 7: SUPERNATURAL - ANGELS 2

Bible Text: Daniel 10:12, Daniel 9:21, Hebrews 13:10, Genesis 16:8-9, James 4:6-7

Key Text:
Psalm 34:7
The angel of the Lord encamps around those who fear him, and he delivers them.
Luke12:8-9
I tell you, whoever publicly acknowledges me before others, the Son of Man will also acknowledge before the angels of God.
9 But whoever disowns me before others will be disowned before the angels of God.

In track 6, we began to look at the ministry of angels, which refers to the ways angels can serve you, as a believer. Angels are creatures of might and strength; they have varying looks ranging from looking like men to fire. Remember that we don't worship angels. We only worship God.

How do we enjoy the ministry of Angels?

1. Affirmations
Affirmation is not just saying anything you like, it is boldly speaking God's word by revelation. Affirmations are things that you know are yours by inheritance. A man that's not talking God's word has given angels nothing to work with. We must always speak out God's words from our mouth. *(Daniel 10:12, Daniel 9:21).*
Program your life by speaking what God has said while praying in the spirit such as saying

TRACK 7: SUPERNATURAL - ANGELS 2

"If a car is coming to hit, angels of God are round about me" "No evil shall befall me, no destruction will come near my dwelling place". Find God's word that links to various situations of your life. For instance, in the area of finances, you can say, "Everywhere I turn to, I shall never lack help."

2. Altars and Sacrifice

Hebrews 13:10
We have an altar from which those who minister at the tabernacle have no right to eat.
We no longer have to make altars of stones or kill animals. Christ is our sacrifice - as we raise up altars of worship, prayers, praise, and giving as a sacrifice, we would see greater angelic activities. ***(Genesis 12:8).***

3. Audacity
Boldly going out publicly for Jesus will compel angels to move on our behalf. To see more angelic manifestations, make a stand boldly in public for Jesus. Every believer at salvation must believe in Jesus and confess him as Lord. This means that you are declaring him as your Lord. Also, you should learn to publicly share your testimonies. This evokes repetition of the testimonies. Audacity attracts angels that might not even be in our lives before, because audacity connotes faith**.** ***(Luke 12:8-9).***

4. Alignment to Spiritual Authority
Angels work more with people that understand authority. One can affect angelic ministry in one's life if not in proper alignment with the spiritual authorities God has put over us. We must submit to God's authority.

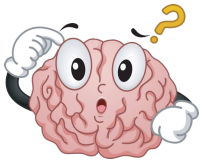
TRACK 7: SUPERNATURAL - ANGELS 2

Hagar was instructed by the Angel to go back and be submitted to her mistress, Sarah. Believers are told to be submitted under the mighty hands of God. For believers, Jesus is our Lord. (Genesis 16:8-9, James 4:6-7).

Note: We only obey authorities when they are not forcing us to sin against God.



Lightbulb Moments
We do not worship angels
Affirmations should be made in things that you know are yours by inheritance.



Thinking Pad
(For your thoughts, takeaways, questions, and review)
Create your affirmations.

TRACK 8: INTRODUCTION TO HEALTH MEDITATION

Bible Text: Psalm 1:1-3, Joshua 1:8, 3 John 1:2

Further Text:

Key Texts:
Psalm 1:1-3
Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, [2] but whose delight is in the law of the Lord, and who meditates on his law day and night.[3] That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither, whatever they do prospers.

Joshua 1:8
Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

3 John 1:2
Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

Imagine that you have been instructed by the doctor to take a certain medication prescription in a certain way, an example is two pills of a supplement twice a day.
Similarly, the psalmist describes how he meditates on God's word day and night. In Joshua 1:8, we see how he also meditates on these words day and night.

TRACK 8: INTRODUCTION TO HEALTH MEDITATION

What is meditation, what do we meditate on and how do we meditate?
We are to meditate on God's word, we should enjoy thinking on his truth. The truth from God's word is different from what is going on via social media or the trending news. God's word is relevant in every season.

When you meditate, you begin by reading the word of God. Then, you think on God's word. Not only do you think about God's word, you also begin to say these words out loud. As you speak from his word, you pray in tongues, thinking on those words. When you stay on the words, these words form a picture in your mind that takes away fear and eventually, the problem.

We show our delight in the law, by meditating day and night. Meditation is a continuous process.

While we can meditate on a variety of subjects such as righteousness, the blessing, prosperity, health and lots more, the focus in this discussion is health.

God's will for us all is health. The writer in ***3John 1:2 KJV*** says Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. Did you see the phrase 'above all things'?

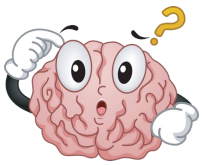
In the same way, it is ridiculous to say that God uses sin to punish us. God doesn't punish with sickness. Christ paid the price on the cross for our salvation, diseases and even our prosperity.

TRACK 8: INTRODUCTION TO HEALTH MEDITATION

These meditations should not only come up when one is ill or has aches. Every single day, we should speak God's truth over our body. Think of it as a vitamin supplement that you take daily. Your immunity is in hearing the voice of the Lord continually.



Lightbulb Moments
God's will for me is health
God doesn't punish with sickness



Thinking Pad
(For your thoughts, takeaways, questions, and review)
1.What area or part of your body would you be declaring health over?
2.2 Timothy 1:7 KJV says "For God hath not given us the spirit of fear; but of power, and of love, and of **a sound mind**".

Reflect on this, God's word also talks about health and soundness in our mind.

TRACK 9: HEALTH MEDITATION 1

Bible Text: Romans 12:1-2
Further Text: Exodus 15:26, Exodus 23: 25, Deuteronomy 7:13-15, Psalm 34:20

Instructions
This is the first part of the confession on health. Scriptural references have been put in bracket. You confess this by saying this out loud repeatedly.

Key Text
Romans12:1-2
Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.
2 Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Health Meditation
In the name of Jesus, I diligently yield to the voice of God,
I do what is right in his sight.
Because I am the righteousness of God in Christ Jesus,
I give my ears to his commandment,
I keep all his statutes.
Therefore, God does not allow any disease present in this world to come upon me.
Because he is my Lord, he is the one who heals me. (Exodus 15:26)
I serve the Lord my God.
He blesses my food and water
My bread and water are blessed
God takes sicknesses away from me.

TRACK 9: HEALTH MEDITATION 1

My food is medicine for me.
The blessing of God is mixed with my food and drink.
Therefore, there is no sickness in my body (Exodus 23:25)
Because God loves me, he takes away from me all sicknesses.
None of the diseases of Nigeria, Africa, and the world, known and unknown, can come upon me. (Deuteronomy 7:13-15)
Because I am righteous, I enjoy the deliverance of the Lord consistently and persistently.
Therefore, my bones are kept. Not one of them is broken.
Because the Lord keeps my bones, there are no accidents on my path.
From the tip of my head to the sole of my feet, I can never have a broken bone, for all my bones are kept by the Lord. (Psalm 34:20)



Lightbulb Moments
God's will for me is health
The Lord heals



Thinking Pad
(For your thoughts, takeaways, questions, and review)

TRACK 10: HEALTH MEDITATION 2

Bible Text: Psalm 103:1-3

Further Text: Psalm 105:37, Proverbs 16:24, Isaiah 53:4-5; Matthew 8:17, Romans 8:11, Acts 10:38, 1 Corinthians 6:19-20.

Instructions
This is the second part of the confessions on health. Scriptural references have been put in bracket. You confess this by saying this out loud repeatedly.

Key Text
Psalm 103:1-3
Praise the Lord, my soul; all my inmost being, praise his holy name.
[2] Praise the Lord, my soul, and forget not all his benefits
[3] who forgives all your sins and heals all your diseases,

Isaiah 53:4-5
Surely, he took up our pain and bore our suffering, yet we considered him punished by God,
stricken by him, and afflicted.
[5] But he was pierced for our transgressions, he was crushed for our iniquities;
the punishment that brought us peace was on him, and by his wounds we are healed.

Health Meditation
My sins are forgiven; therefore, God heals all my sicknesses.
(If there is a specific illness, mention it.)
This is a benefit I have from the Lord.

TRACK 10: HEALTH MEDITATION 2

In the name of Jesus, for all my days, the Lord heals all my diseases. (Psalm 103:2-3)
In the name of Jesus, because I have been brought forth out of the dominion of darkness, there is no weakness in my body.
Pleasant words are always in my mouth, and they are like honeycombs.
They are sweetness to my soul and health to my bones.
As a result of the pleasant words I keep in my mouth, my health is blessed. (Proverbs 16:24)

All of the infirmities that I might ever have, have been taken away from me.
I walk in health every single day.
I cannot have any disease because Jesus has borne them (Isaiah 53:4-5; Matthew 8:17).
The Spirit of him that raised up Christ from the dead dwells in me.
Therefore, my mortal body is quickened in the name of Jesus.

The same Spirit that raised Jesus from the dead supplies life to my body.

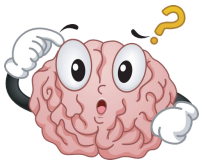
From the tip of my head to the sole of my feet, my mortal body is made alive by the Spirit of God in me.
My neurons are quickened.
My arteries are quickened.
My bones are quickened.
My heart is quickened.
My brain is quickened.
My body is quickened.

TRACK 10: HEALTH MEDITATION 3

No germs, pathogens or diseases can stay in my body.
God is with me. On account of this, I am healed from all diseases and delivered from all the oppression of the devil. (Acts 10:38)
In the name of Jesus, my body is the temple of the Holy Ghost. Therefore, no disease can co-exist with the Holy Ghost in my body. (1 Corinthians 6:19-20)



Lightbulb Moments
The same Spirit that raised Jesus from the dead, quickens (makes alive) my mortal body.
God's will for me is health.



Thinking Pad
(For your thoughts, takeaways, questions, and review.) Create your confessions or meditation notes on your health.
Tip: *You can use the following scriptures as a guide in addition to the earlier highlighted passages -2 Timothy 1:7, Proverbs 3:7–8, Proverbs 4:20-22, Jeremiah 30:17, James 5:15-16.*

RECEIVE JESUS TODAY

Salvation is God's gift because He loves you. The Bible says, ***"For God so loved the world that He gave His only Son..." (John 3:16)***. Jesus died for your sins so you can have eternal life.

Romans 10:10 says that with your heart you believe, and with your mouth you confess and are saved. If you believe in Jesus and confess Him as Lord, you are saved.

Pray this:
"Lord Jesus, I believe in You. I believe You died and rose again. I confess You as my Lord and Savior. Forgive me and make me new. Amen."
If you prayed this sincerely, you are saved. Welcome to God's family.

CONFESSIONS ON ACADEMICS

CONFESSION 1

My academic path shines brighter everyday

CONFESSION 2

I have the mind of Christ

CONFESSION 3

God establishes the work of my hands and my studies prosper

CONFESSION 4

I am excellent in wisdom and understanding like Daniel.

SCRIPTURES ON
MY ACADEMICS

Luke 2:52
"And Jesus increased in wisdom and stature, and in favour with God and man."

Proverbs 22:29
"Seest thou a man diligent in his business? he shall stand before kings."

Psalm 119:99
"I have more understanding than all my teachers: for thy testimonies are my meditation."

Timothy 2:15
"Study to shew thyself approved unto God, a workman that needeth not to be ashamed."

MY IDENTITY

I AM
God's masterpiece.
Ephesians 2:10

I AM
the light of the world.
Matthew 5:14

I AM
forgiven and free.
Colossians 1:13–14

I AM
blessed and favored by God.
Psalm 5:12

MY IDENTITY

I AM
successful because God establishes my work.
Psalm 90:17

I AM
capable of doing all things through Christ.
Philippians 4:13

I AM
being transformed every day by God.
Romans 12:2

I AM
strong and courageous.
Joshua 1:9

MY TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

GOAL SETTING WORKSHEET

My name:	Date:

My goal for this year

Why I want to achieve this

Areas for growth	Possible solutions

What will I do to achieve my goals?	How will I monitor my process?

Tasks that will lead to my goal

Date	Tasks	✓

WORD FROM GOD

FOR MY ACADEMICS

WORD FROM GOD

FOR MY ACADEMICS

WORD FROM GOD

FOR MY ACADEMICS

WORD FROM GOD

FOR MY ACADEMICS

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